



SHEFFIELDSENDIAS

Sheffield Special Educational Needs & Disability Information Advice & Support

Finding out what support you need

Sometimes we might need extra help in school, college or training. To find out if you need extra support, you might have an **Education, Health and Care Needs Assessment**.



This is a careful look at what you might need help with. Lots of people think about what you might need and then write reports.

Sometimes it is called an **EHC Needs Assessment**.

You and the people who support you will think about what you **can do** on your own and what you might **need extra help** with. They will try to work out if you need any **extra support**.





SHEFFIELDSENDIAS

Sheffield Special Educational Needs & Disability Information Advice & Support



At the end, they will decide if you need a plan to get you extra help in your school, college or training. This would be called an **Education, Health and Care plan**.

If you are over 18 you might need a plan to make sure you can finish your education or training.

Who should have the assessment?

You must have an EHC Needs Assessment if you are:

- aged **25 years or under**
- you have **special educational needs**. This means you need extra help to learn things
- your school or college may not be able to give you all of the support you need.





SHEFFIELDSENDIAS

Sheffield Special Educational Needs & Disability Information Advice & Support

What is in the assessment?



You and your parents or carers will be asked if you want to write down or to **say what you think** about your needs and support.

Lots of other people will also help write reports, including:

- Your school or college
- People that support you
- An educational psychologist. This is someone who knows lots about how people learn.
- If you see them, doctors and therapists
- If you use social services or need to, social workers
- If you have problems with hearing or sight, teachers who know lots about those things
- Any other people you want to write reports to explain your needs





SHEFFIELDSENDIAS

Sheffield Special Educational Needs & Disability Information Advice & Support

The law says that the local authority must send everyone what you have said you need, or any reports you want them to look at.

How do I get an assessment?



You can **ask** for an assessment if you are aged between 16 and 25 years old and you think you might need one.

Other people that can ask for you are:

- Your parents or carers
- Your school
- People who work with you, like doctors or teachers



If you want any **help** getting an EHC Needs Assessment then you can ask the Sheffield SENDIAS team on 0114 2736009 or email ssendias@sheffield.gov.uk.

If you do not agree with anything then they can make sure your views are heard.